

## AREA OF DISTINCTIVENESS

Justifying the Vision and Mission of the college, the institute plays a dominant role in empowering women in society by constantly working towards transforming young students into confident and strong women. Our aim is to train girls to acquire different skills for a secure and prosperous future.

Education is regarded as an important milestone of women's empowerment as it enables them to face the challenges of life in the future. Our college is the only premium institution in the region, with its heritage and legacy, which caters to girls' education. In classrooms, apart from academic knowledge, our teachers make them aware of their rights, so that they can make their own choices, and lead their lives according to their own free will.

The college celebrates the spirit of womanhood through festivals like Lohri, Teej, and International Women's Day. Lohri, which is a major Punjabi festival, is usually celebrated on the birth and marriage of a male child, but in our institute, we celebrate Lohri Dheeyan Di (Lohri of daughters) - signifying gender equality. Students, faculty, and staff actively participate in this festival. They perform folk songs and dances showcasing the strength and resilience of a woman. Lohri is also an opportunity to raise awareness about gender equality and also challenges faced by women in our society. Through songs, poetry, skits, or discussions important topics such as dowry, gender-based violence, and women empowerment are discussed. This celebration at college is organized by the students, they learn social and management skills.

Teej: a celebration of womanhood - is a cultural festival. This festival is celebrated in the month of 'Savaan'. Wearing traditional dresses, applying henna, performing folk dances, singing folk songs, and enjoying swings, and sweets. It helps them connect with their cultural heritage and enjoy being a woman. Departments organize activities of creative expression such as art exhibitions, poster making, essay writing, declamation, and poetry recitation to make a wholesome learning experience too.

International Women's Day on March 8th - Awareness program - This day is celebrated as evidence of growing women's empowerment. In collaboration with NGOs, Doctors, and leaders, programs are organised that focus on issues such as gender equity, women's rights, and leadership and career opportunities. Topics like self-confidence, assertiveness, and negotiation skills are discussed. Competitions, exhibitions, and presentations showcasing the achievements and contributions of notable women from various fields help them to get inspired and motivated. is celebrated with great fervor as a major function of the college which salutes the modern and empowered strong women. It is a practice of the college to invite our Achiever Alumni on all these days not only to honor them but also to inspire our students. Each department organizes events that reinforce the institution's larger vision and mission to provide empowering education to young women. The department of psychology engaged in the counseling of the girls in order to make them mentally strong.

Physical strength and self-assurance is an important aspect that is nurtured by sports, Yoga, and self-defense techniques.

To help our students learn about the importance of nutrition and a healthy body - lectures, interactive sessions, and workshops are organized by nutritionists and doctors.

Along with physical well-being, lectures, and workshops are held to take care of mental health. They are offered counseling or guidance by experts.

We teach the girls how to be strong, self-sufficient, and confident to make decisions through the campaign "Beti bachao Beti padhao". The students are taught about the fact that a girl child is no less than a boy in the present time, girls are bringing a lot of accolades to their family and nation as a whole in every field including sports, entertainment, the corporate world, etc. For infusing self-confidence in girls, it is important that they are aware of the right things.

A proverb says "If a girl is educated the whole society is educated" With this mission, the institution develops in its students the ability to think clearly and independently and the ability to live confidently and courageously. And gives them hope in life ahead.

The subjects offered to students in the humanities stream, tap the feminine energy of students which is instinctual and natural to girl students. Fine Arts, Classical Dance, Music, Literature, and even Home science unravel vistas for the female psyche to create and propagate a harmonious world. Woman is at the centre of the universe and we as an institution are privileged that we are able to nurture the feminine self by educating her in many possible ways.